

# PlayGround

## Lifesize - Video conferencing and Online presentations

Lifesize is a video conferencing software, that enables connecting through virtual meeting rooms. Each meeting room has its extension and link. Usually, one meeting room serves one particular purpose or group of students. The meeting rooms are managed by the Digital Media Center. To connect to the meeting room as a guest without registration follow the instructions below. Although users can use Google Chrome to connect, it is strongly recommended to use the Lifesize App for Windows and Mac, alternatively for iOS or Android

[Lifesize App for Windows](#)

[Lifesize App for Mac](#)

[Mobile Lifesize App](#)

1. Follow the link you have been sent eg.: `call.lifesizecloud.com/xxxxxx`
2. Download the app and then follow the link again (if you are using Google Chrome, the call will start in your browser window)
3. The app will open with the pre-filled extension (last numbers in the link). Fill in your credentials
4. Call the meeting room and fill in the passcode
5. Use headphones and external microphone, if you can. Standard headphones with microphone that you are using as handsfree for your smartphone will do
6. During the meeting, mute your microphone using the icon at the bottom of your screen unless you speak. It will significantly improve the quality of sound for all session participants.

## In The Meeting Room

Users can control the meeting rooms by icons on the bottom and the right side of the window. All users in the meeting room are asked to mute their microphone whenever they are not speaking. Users can also turn off their cameras, raise a hand, and hang up. Everyone can view the list of participants. Registered users can use chat and start the recording.

Users can also join the meeting room by downloading app for their mobile devices (smartphone or tablet). The applications and their controls are being regularly updated and reworked and vary across the platforms and versions of OS. In general, they have better stability and are less demanding in terms of quality of internet connection. However the major downside of the mobile apps is difficulty sharing the screen as well as the users usually can not see both the users on the other side and the

screen they are sharing at once, and they have to swipe between different panels.

## Lifesize account

Faculty members and CERGE-EI staff can also [ask DMC](#) to create a Lifesize account. Registered users can use the chat in the meeting rooms, start the recording (however only [CERGE-EI Lifesize Administrator](#) can retrieve the recording from the server), can see CERGE-EI domain directory, call to the meeting rooms without link and call directly between themselves by creating a one-time meeting for example for individual consultations.

## Lifesize in Digital Media Center

Lifesize service is integrated with the Digital Media Center classroom. The technology consists of cameras, microphones, lectern pc, touch display. From the experience, that touch display, that is integrated into the lectern, is a very useful tool, which enables the user to handwrite and draw either to their prepared documents or just use it as a whiteboard and share it live with both remote audience and audience in the room. If you need to use a video conference in the Digital Media Center, [contact DMC Manager](#).

## Recording and Sharing

Any registered user can start the recording of the session in each of the meeting rooms. However, the system is secured and the recordings themselves are accessible by the Digital Media Center staff. To retrieve the recording of your event, [contact DMC Manager](#). The recordings are generated in a specific format, where the shared presentation is always the primal part of the recording and the takes from the participant's cameras are only secondary pictures.

## Lifesize and other Video Conferencing Solutions

Except for Lifesize, there are more alternative video conferencing systems available. However, it is recommended to use mainly Lifesize for its security, simplicity, and availability of support from DMC. The most important factor is the system's integration with DMC's classroom, so the course is always available for the students and teachers under one platform whether there are in the building or are joining in remotely.

Other video conferencing services available are Microsoft Teams and Google Meet, that are part of the cloud services by Microsoft and Google. Information on how to access the services can be found here: [https://wiki.cerge-ei.cz/doku.php?id=public:cloud\\_services:cloud\\_services](https://wiki.cerge-ei.cz/doku.php?id=public:cloud_services:cloud_services)

It is also available to use Charles University's Zoom educational license. Information (in Czech) is available here: <https://dl.cuni.cz/zoom/>. In general, the users have to request activation of their account by using their email address in a form name@cerge.cuni.cz instead of name@cerge-ei.cz.

Despite being a very popular instrument with various features, Zoom was experiencing serious

security issues. DMC and IT staff recommend using primarily Lifesize for your meetings. If you still prefer to use Zoom, despite not being available in DMC and not being the main recommended platform for online teaching at CERGE-EI, please keep in mind, that you need to be very cautious in securing your meetings. Follow guidelines here:

<https://zoom.us/docs/doc/Securing%20Your%20Zoom%20Meetings.pdf>

Summary by Month									
Month	Daily Average				Monthly Totals				
	Hits	Files	Pages	Visitors	Hits	Files	Pages	Visitors	Bytes
2023-01	656	164	365	40	13784	3437	7673	848	1.7 GB
2023-02	674	88	432	41	18862	2465	12103	1146	1.8 GB
2023-03	945	151	451	52	29306	4688	13986	1619	1 GB
2023-04	2654	90	383	45	79625	2694	11486	1337	2.6 GB
2023-05	1076	86	414	46	33353	2666	12843	1423	2.2 GB
2023-06	541	53	372	39	16239	1598	11165	1183	2 GB
2023-07	1479	533	379	166	45860	16511	11754	5160	2.2 GB
2023-08	10152	7360	435	189	314724	228155	13479	5860	3.3 GB
2023-09	15087	13785	398	140	452611	413550	11928	4186	3.8 GB
2023-10	1138	397	437	312	35286	12306	13548	9679	2.1 GB
2023-11	987	336	502	279	29619	10081	15058	8366	1.9 GB
2023-12	1760	1208	463	827	54554	37461	14357	25633	2.8 GB
2024-01	3130	2437	462	2039	97015	75559	14327	63208	2 GB
2024-02	8331	5053	456	2137	241589	146532	13228	61966	7.4 GB
2024-03	2566	989	542	733	79533	30650	16795	22723	2.4 GB
2024-04	4016	746	1082	756	120492	22384	32448	22688	3.5 GB
2024-05	3530	2352	886	1059	109416	72904	27480	32820	4.8 GB
2024-06	7939	6935	814	1283	238180	208047	24427	38498	3 GB
2024-07	4853	3949	713	856	150443	122428	22094	26532	3.8 GB
2024-08	993	203	587	230	30780	6304	18183	7125	3.4 GB
2024-09	1028	200	563	168	30827	6004	16886	5045	3.8 GB
2024-10	1272	237	656	266	39441	7346	20332	8232	5.4 GB
2024-11	1247	404	557	267	37400	12107	16696	8003	4.3 GB
2024-12	1133	241	712	277	35123	7462	22079	8602	3.2 GB
2025-01	1228	291	622	224	38072	9013	19291	6957	3.5 GB
2025-02	1382	245	525	156	38683	6871	14686	4357	2.7 GB
2025-03	1672	249	727	286	51823	7714	22541	8855	2.1 GB
2025-04	1479	356	578	180	44359	10693	17331	5398	3.8 GB
2025-05	1485	342	687	189	46021	10615	21301	5848	3.4 GB
2025-06	3453	1103	1783	142	103604	33090	53501	4256	17.4 GB
2025-07	1598	287	643	176	49549	8885	19943	5465	10.7 GB
2025-08	3056	382	730	493	94740	11833	22619	15278	4.3 GB
2025-09	3113	603	738	523	93401	18079	22132	15680	6.3 GB
2025-10	4391	792	688	582	136136	24554	21331	18029	6.4 GB
2025-11	3187	957	813	558	95606	28697	24389	16737	7.8 GB
2025-12	2635	575	627	400	81686	17822	19447	12390	4.6 GB
2026-01	2309	548	883	375	71592	16980	27366	11634	4.9 GB
2026-02	4177	811	853	452	116952	22703	23884	12649	7.3 GB

2026-03	8056	818	1773	556	249728	25354	54956	17226	7.2 GB
2026-04	6956	1951	2612	613	208676	58519	78354	18402	11.4 GB
2026-05	21808	16488	2680	770	305305	230838	37518	10779	19.1 GB

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<https://wiki.cerge-ei.cz/> - **CERGE-EI Infrastructure Services**

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<https://wiki.cerge-ei.cz/doku.php?id=playground:playground&rev=1673443840>

Last update: **2023-01-11 13:30**

